



Run/Terrain	Distance	Width(m)	Steepness(deg)	
A Shirakaba Run	1,000m	300~70	16~9	Wide-open slope in front of APPI Resort Centre for families and beginners. Also, includes "Family Park", "Snowpark", and "Skill-Up Zone".
B Hayabusa Run	3,000m	70~30	30~19	One of the famous runs with certified giant slalom course. Also, open for night-time riding.
C Otaka Run	3,000m	70~30	31~16	Upper steep section is for advanced riders, and lower section is best for beginner lessons.
D Kakesu Run	1,500m	50~35	24~12	Gradual run divided from Otaka Run. Best for movement analysis.
E Kakko Run	2,800m	50~30	28~14	Skating & Ski racing only. There are steep and gradual parts.
F Kitsutsuki Run	2,200m	50~30	28~12	Skiers only. Enjoy cruising.
G Yamagata Run	900m	50~20	32~23	Ungroomed run located at Mt.Nishimori known as having some of the best snow quality in APPI.
H Inuwashi Run	1,000m	80~25	30~16	This run on Mt.Nishimori is a great light powder run.
I Yamabato Run	5,500m	30~15	20~15	The longest run of 5500m from the peak of Mt.Maemori to the Shirakaba terrain. Great run for beginners.
J Sekirei Run	1,600m	80~15	26~10	Enjoyable run even during early and late season. It is connected from the sailor slopes to the central slopes.

Run/Terrain	Distance	Width(m)	Steepness(deg)	
K Karugamo Run	1,200m	30~15	15~10	Suitable for beginner's practice. It is connected to APPI Grand Villa.
L Sailor Long Run	4,000m	80~30	26~14	Long slope continuing to sailor base of the mountain. One of APPI's symbolic runs.
M First Sailer Run A	2,500m	80~25	22~10	Long run with various vertical changes. One of light powder runs.
N First Sailer Run B	2,800m	70~30	18~11	Open and even slope with intermediate difficulty. This run is connected to Sailer Quad Lifts.
O First Sailer Run C	1,000m	65~40	20~13	Straight run branching off at the Sailer Long Run intersection.
P Second Sailer Run A	2,300m	70~30	34~16	Challenging popular ungroomed run with powder snow and big bumps.
Q Second Sailer Run B	2,500m	60~30	26~11	This run leads from Second Slopes to Sailer Long Run. It is enjoyable with medium to gentle slopes.
R Second Sailer Run C	2,000m	50~25	25~10	Popular long run with gentle slopes.
S Second Slopes First Run	2,500m	100~30	28~13	Scenic run for all levels of riders with gentle slopes.
T Second Slopes Second Run	1,000m	100~50	21~12	Wide open slope with two steep drops on the way.
U Second Slopes Third Run	800m	55~33	32~13	Ungroomed slope on the far-east side of the mountains. It is hot spot on a powder day.