

Main menu table with columns for dates (1日 to 18日) and rows for ingredients and quantities. Includes items like 米, 豚肉, 鶏肉, 野菜, etc.

Summary row for energy (エネルギー) and protein (たんぱく質) values for each day.

献立名 (Menu Name) section for the 4th month, listing specific dishes like 豆腐のあんかけ, 鮭のグラタン風, etc.

Materials list (材料名および数量) for the 4th month, detailing quantities for various ingredients like 米, 小麦粉, 卵, etc.

4月の行事食 (April Special Menu) section. Includes ★25日(火曜日) お誕生日会 (★25th Birthday Party) and 手作りおやつ(材料) (Homemade Snacks (Ingredients)). Contains illustrations of children and tulips.

※「牛乳」がアレルギーの場合、ミルク又はお茶を提供します。